

Nutrition Education: HAF Provider Resources

SIX healthy eating themes: Eatwell | Strive for 5! | Snack Attack | Bag A Breakfast | Healthy Lunch | Drain Your Drinks



DELIVERY BOOKLETS

- Themed, fun, educational activity ideas suitable for out-of-school settings
- Creative literacy activities; arts and crafts activities; physically active activities; scientific investigative activities, and; hands-on food preparation
- Differentiated by key stage: Early Years, KS1 (4-6 years) and KS2 (7-11 years)



DISCOUNTS AVAILABLE FOR MULTI-PROVIDER ORDERS

KIDS ACTIVITY BOOKLETS

- Fun, educational activities suitable for self-directed learning (KS2) or adult-supported (KS1)
- Suitable for home learning or for completing during HAF sessions

PARENT LEAFLETS

- Informative, detailed, double-sided leaflets with concise, practical 'PIN ME UP' infographic on reverse
- Eye-catching designs suitable for pinning on the fridge to act as a reminder at meal or food prep times



*Sets of 3 include 1 x Delivery Booklet + packs of Kids Activity Book + packs of Parent Leaflets

	Delivery Booklet	Kids Activity Booklet	Parent Leaflet	Sets of all 3*
E-copies	FREE	FREE	FREE	
1 topic; 1 copy	£5.99 + p&p			
1 topic; Pack of 10		£15.00 + p&p	£2.50 + p&p	£22.00 + p&p
1 topic; Pack of 20		£30.00 + p&p	£5.00 + p&p	£39.99 + p&p
1 topic; Pack of 30		£45.00 + p&p	£7.50 + p&p	£57.00 + p&p
1 topic; Pack of 40		£60.00 + p&p	£10.00 + p&p	£74.99 + p&p
1 topic; Pack of 50		£75.00 + p&p	£12.50 + p&p	£89.99 + p&p
1 topic; Pack of 60		£90.00 + p&p	£15.00 + p&p	£99.99 + p&p



PROVIDER COOK KITS - £195 + VAT

- A comprehensive cook kit for HAF providers
- Contains everything needed to deliver HAF food prep sessions
- Deliver with up to 30 children/families at a time (working in pairs)
- Supplied in a handy storage box

PROVIDER TRAINING - £120 + VAT

Build Provider confidence with our online 'live' training session, 'How to deliver nutrition education sessions for children and families'

Nutrition Education: Purely Nutrition Delivery

Face-to-face nutrition education sessions delivered by the Purely Nutrition team



- 2 hour face-to-face delivery time, with a Registered Nutritionist, for up to 60 children and/or families (plus additional time to set-up and clear away)
- Mix of nutrition education theory and practical food preparation activities
- Food prep examples: pizza, pot noodles, veggie burgers, fruit pots, pitta chips and dips, flavoured waters
- Six nutrition education topics/themes to choose from
- All equipment, resources and food included
- Kids take home activity booklets and parent information sheets included

	Individual venues (<5)	6 venues	8 venues	10 venues	12 venues	14 venues	16 venues	18 venues	20 venues
Easter/Winter HAF									
One session/venue	£600 + vat /venue	£4,600 + vat	£5,800 + vat	£7,000 + vat	£9,200 + vat	£10,400 + vat	£11,600 + vat	£12,800 + vat	£14,000 + vat
Summer HAF									
Four sessions/venue	£2,400 + vat /venue	£16,900 + vat	£21,700 + vat	£26,500 + vat	£31,300 + vat	£36,100 + vat	£40,900 + vat	£45,700 + vat	£50,500 + vat
HAF – whole year									
Six sessions/venue	£3,600 + vat /venue	£25,100 + vat	£32,300 + vat	£39,500 + vat	£46,700 + vat	£53,900 + vat	£61,100 + vat	£68,300 + vat	£75,500 + vat



For further information, or to discuss your requirements, please email haf@purelynutrition.com or call the team on 01628 486800

www.purelynutrition.com